

Dr. Bernard Shannon, DMQ (China)
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Posts

- Executive Director, International Institute of Medical Qigong
- Deputy Director, Overseas College of Medical Qigong, Henan University of TCM
- Vice President, National Qigong Association (United States)
- Executive Committee, World Academic Society of Medical Qigong (China)
- American Director, LongHu Shan Yi Jing Daoist Association

Education

- Doctor of Medical Qigong (DMQ) from the Western District Medical Qigong Science and Traditional Chinese Medicine Research Institute, Beijing, China, License # 98029.08. September 2004.
- Doctor of Medical Qigong (DMQ) from International Institute of Medical Qigong, Pacific Grove, California. August 2004.
- Master of Medical Qigong (MMQ) from International Institute of Medical Qigong, Pacific Grove, California. August 2002.
- Associates of Arts in Mandarin Chinese from the Defense Language Institute, Monterey, California. March 2003.

- Advanced Medical Qigong Certification from the World Health Organization (WHO) collaboration hospital and training facility, the International Acupuncture Training Center, Beijing, China. April 2004.
- Advanced Medical Manipulation in the School of Chinese Massage (Tuina) Certification by the Massage School of Beijing Massage Hospital. March 2004.

Experience

Teaching

- “Treatment of Brain and Esophageal Cancer with Medical Qigong”, Yellow Courtyard, Miami Beach, Florida. November 2007
- “Introduction to Oncology with Medical Qigong”, Yellow Courtyard, Miami Beach, Florida. July 2007
- Medical Qigong Practitioner course (200 hours), Quebec Order of Acupuncturists;. Montreal, Quebec. 2006 – Present.
- Executive Director, International Institute of Medical Qigong. Teaching all courses. 2005 – Present.
- Branch Director, International Institute of Medical Qigong. Teaching all courses. 2001 – 2005.
 - Medical Qigong Practitioner (200 hours)
 - Introduction to Medical Qigong Therapy
 - Introduction to Medical Qigong Diagnosis and Treatments
 - Clinical Foundations of Medical Qigong Therapy
 - Medical Qigong Treatment of Internal Organ Diseases and Prescription Exercises
 - Clinical Theater, Clinical Internship, and Final Exam

 - Medical Qigong Therapist (500 hours)
 - Sensory, Intuitive, and Perceptual Diagnosis
 - MQ Dao Yin Therapy and Rectifying Qi Deviations
 - Medical Qigong Therapy for Pediatrics, Geriatrics, Gynecology, Neurology, and Psychology
 - Introduction to Medical Qigong Therapy for Oncology (1)
 - Clinical Theater, Clinical Internship, and Final Exam

- Master of Medical Qigong (1000 hours)
 - Introduction to Chinese Energetic Alchemy
 - Energetic Anatomy and Physiology
 - Treatment of Cancer with Medical Qigong Therapy (2)
 - Medical Qigong Treatment for Spiritual Disorders
 - Clinical Theater, Clinical Internship, and Final Exam
- “Advanced Medical Qigong Training Seminar”, International Institute of Medical Qigong, Palm Desert, California. May and September 2006; February, May, and October 2007.
- “Advanced Medical Qigong Training Seminar”, International Institute of Medical Qigong, Dublin, Ireland. August 2006..
- “Master of Medical Qigong Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. February 2006.
- “Medical Qigong Therapist Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. December 2005.
- “Medical Qigong Practitioner Review Seminar,” International Institute of Medical Qigong, Palm Desert, California. September 2005.
- Medical Qigong Private Lecture Series, San Bernardino, California. 1990 to 2000.

Lectures

- “Subtle Bio Mechanics”, National Qigong Association 12th Annual Conference, Minneapolis, Minnesota. August 2007.
- “Qigong for Health”, National Qigong Association 11th Annual Conference, Lenox, Massachusetts. August 2006.
- “Medical Qigong in the United States,” 5th World Academic Society of Medical Qigong Conference (China). Beijing, China. June 2006.
- Clinical Theater at the Henan University of TCM Hospital, Zhengzhou, China. Instructed the Oncology Department in the use of Medical Qigong in the treatment of cancer. November 2005.
- “Menopause: A Second Spring,” National Qigong Association 10th Annual Conference, Boulder, Colorado. July 2005.
- “Menopause: A Second Spring,” 7th World Qigong Congress, San Francisco, California. November 2004.
- Clinical Theater at the Xi Yuan Hospital of Traditional Chinese Medicine, Beijing, China. Instructed a group of American students by treating patients in Clinical Theater demonstrating energetic diagnosis and medical qigong treatments. September 2004.
- “Chen Family Medical Qigong,” Third Eye Yoga Studio, Palm Desert, California. June 2004.
- “Subtle Bio Mechanics as a Healing Art Part II”, International Institute of Medical Qigong, Pacific Grove, California. March 2004.
- “Subtle Bio Mechanics as a Healing Art Part II”, Nature’s Path Center, San Jose, California. March 2004.
- “Subtle Bio Mechanics as a Healing Art Part I”, International Institute of Medical Qigong, Pacific Grove, California. December 2003.
- “Subtle Bio Mechanics as a Healing Art Part I”, Nature’s Path Center, San Jose, California. December 2003.
- “Medical Qigong Protocols for Comas”, International Institute of Medical Qigong, Pacific Grove, California. August 2003.
- “Introduction to Medical Qigong”, Martial Arts Club, Southern California University of Health Sciences. Whittier, California. March 2003. “Medical Qigong Protocols for Comas”, International Institute of Medical Qigong, Pacific Grove, California. February 2003.
- “Medical Qigong Protocols for Bells Palsy”, International Institute of Medical Qigong, Pacific Grove, California. February 2003.
- “Eight Direction Meditation Workshop”, Ching Lung Martial Arts Academy, Pacific Grove, California. May 2002.
- “Eight Direction Meditation Workshop”, South Coast Qigong Center. February 2002.

Medical Qigong Clinical Experience

- Deputy Director, Overseas College of Medical Qigong, Henan University of Traditional Chinese Medicine. January 2006.
- Executive Director, International Institute of Medical Qigong. June 2005.
- Director, International Institute of Medical Qigong, Palm Desert, California. June 2004 to June 2005.
- Completed Advanced Clinical Internship Training at the Xi Yuan Hospital of Traditional Chinese Medicine, Medical Qigong Clinic. Certificate 200454. Beijing, China. September 2004.
- Director, International Institute of Medical Qigong, San Bernardino, California. August 2002 to June 2004.
- Medical Qigong Practitioner, Pacific Grove, California. April 2001 to August 2002.
- Medical Qigong Practitioner, San Bernardino, California. 1990 to 2000.

Professional Development

Professional Activities

- Continuing Education (CE) Provider for the State of California Board of Registered Nursing (CEP 14342). Authorized to issue CEs for Registered Nurses. February 2005.
- Continuing Education (CE) Provider for the State of California Board of Behavioral Sciences (PCE 2272). Authorized to issue CEs for Marriage and Family Life Therapist (M.F.T.) and License Clinical Social Workers (L.C.S.W.). March 2004.

Professional Meetings

- National Qigong Association 12th Annual Conference, Minneapolis, Minnesota. August 2007.
- National Qigong Association 11th Annual Conference, Lenox, Massachusetts. August 2006.
- National Qigong Association 10th Annual Conference, Boulder, Colorado. July 2005.
- 7th World Congress on Qigong Symposium, San Francisco, California. November 2004.
- 5th World Congress on Qigong Symposium, San Francisco, California. November 2002.

Professional Societies

- National Qigong Association (NQA).
- American Organization for Bodywork Therapies of Asia (AOBTA).

Publications

- Featured Guest on the “Joey English Show”, Time Warner Cable. Aired August 1 and 2, 2007.
- “Case Study Corner”, Qi Flows, March 2007.
- “Medical Qigong in the United States,” Abstract of Presentations, 5th World Academic Society of Medical Qigong Conference (China). Beijing, China. June 2006.
- “Menopause: A Second Spring,” Qi -The Journal of Traditional Health and Fitness Vol.15, No.3 Fall 2005.
- “Journey into Daoist Mysticism,” Qi -The Journal of Traditional Health and Fitness Vol.15, No.2 Summer 2005; co-authored with Professor Jerry Johnson, DTCM (China).
- “Menopause”, *Chinese Medical Qigong Therapy Volume 4: Prescription Exercises and Meditations, Treatment of Internal Diseases, Pediatrics, Geriatrics, Gynecology, Neurology and Energetic Psychology*. Pages 389 – 399. 2006.